

## Riding the Storm



If you think you're seeing a lot more people riding their bikes on what's normally considered a busy hour or on a busy street, you're not imagining it.

The Institute for Transportation and Development Policy (ITDP), a global NGO that promotes sustainable transportation and urban development, recorded a tenfold increase in the number of cyclists during this transition period. It also notes a significant jump on the riding time, from 6AM to 6PM, peaking at afternoon and evening.

Bicycle use had already seen an increase before restrictions were eased, with some urbanites turning to cycling to cope with mental health issues arising from being forced to stay at home for weeks on end.

While it is safe to ride outside during the pandemic, here are some things you should keep in mind:

- 1) Make sure you're in a fit condition to exercise**
- 2) Use face mask, helmet, reflective riding vest**
- 3) Ride solo and maintain distance**
- 4) Turn your lamp on**
- 5) Carry hand sanitizer and antibacterial wipes**
- 6) Use designated lanes and obey road traffic regulations**

Fun facts, the first verifiable claim for a practically used bicycle dates back to 1817 to Baron Karl von Drais and two centuries later, in April 2018, the United Nations General Assembly declared June 3rd World Bicycle Day.

Fancy commuting to work by bike? You can find secure **bicycle parking area at the basements of WTC 2 and WTC 3**. The former has 55 slots while the latter can hold 50 bikes. There are also 100 additional slots in the outdoor double-deck parking area behind WTC 6. No ticket is given but you are advised to bring your own padlock.

If you've been there, feel free to send us feedback to [stara.pedro@jakland.co.id](mailto:stara.pedro@jakland.co.id).

Stay safe and enjoy the ride!



Yours trully,  
 the community editor