

INSIGHT

WTC COMMUNITY WEEKLY



Nyepi – the celebration for a new beginning

This year, the Balinese Day of Silence, or more famously known as Hari Raya **Nyepi**, will fall on Wednesday, 3 March 2022.

Nyepi is the most important and sacred Hindu holiday on Bali and is a general public holiday in the rest of Indonesia. Nyepi is one of the most unique festivals held in Bali, for the whole island will experience total silence for 24 hours straight.

Some interesting facts for you about Nyepi day: Nyepi day had inspired The United Nations designated a "World Silent Day" every March 21.

Since it's prohibited to use electricity for lights during Nyepi day except in hospitals, Bali saves electricity by 60 percent, or about 290 megawatts which equal to Rp 4 billion.

Since no one's allowed to go out during Nyepi Day expect pecalang, of course this island is free from traffic, noise, pollution, even the airport and Bali's aerial space is closed! Indonesia also reduces the emission of carbon dioxide by approximately 20,000 tonnes just from this one day of Nyepi day on Bali.

***Everyone needs to stay at home, shut the lights, remain quiet.
Nobody is allowed to be outside.***

Yours truly,
the community editor

Nyepi expects a day of absolute silence, based on the four precepts of Catur Brata :

- **Amati Geni**

No fire or light, including no electricity. Prohibition of satisfying pleasurable human appetites.

- **Amati Karya**

No working. No form of physical activity except things dedicated to spiritual cleansing and renewal.

- **Amati Lelungan**

No movement or traveling.

- **Amati Lelaguan**

Fasting and no revelry/self-entertainment or general merrymaking.