

SEPTEMBER 2023, ISSUE 182

INSIGHT

WTC COMMUNITY WEEKLY



What's New:

Ombé Kofie
WTC 2 outdoor
07.00 - 20.00

Coffee O'Clock

They say how you start your morning defines the rest of your day. And for many, it begins with a sip of coffee.

Caffeine in coffee is a central nervous system stimulant. It increases alertness and improves focus and problem-solving — *a popular benefit in workers*. A research published by the British Psychological Society last year also found that caffeine improved people's ability to detect moving targets, meaning reacting more quickly to anything.

These days, you can find coffee practically everywhere. Not only at restaurants but also on bikes on the road (locals call it *starling* -short of Starbucks keliling), pushed cart, even on the trunk of a parked car.

So if you're looking for one to kickstart your day at WTC, you'll be happy to know we have:

- WTC 2: The Coffee Bean and Tea Leaf, Fore, Ombé Kofie
- WTC 3: Anomali Coffee, Beau Daily
- WTC 5: Starbucks
- WTC 6: Djournal Coffee, Janji Jiwa

Alternatively, you can also try the coffee at Grainsly, The Harvest Express and Edrisi at WTC 2, as well as Animo Bakery and The People's Cafe at WTC 6.



Yours truly,

the community editor