

# Insight

WTC COMMUNITY WEEKLY



## WORLD MALARIA DAY

If you've been following the news, dengue fever is currently keeping Jakartans on their toes with over 3.875 cases since the start of the year.

Dengue is a viral infection that spreads from black-and-white *Aedes aegypti* mosquitoes. Most people will not have symptoms, but for those who do, the most common symptoms are high fever, headache, body aches, nausea, and rash. Most will get better in 1-2 weeks but severe dengue requires hospitalization.

However, dengue is not the same as malaria. Malaria is an acute febrile illness caused by Plasmodium parasites, spread through the bites of infected female Anopheles mosquitoes. These yellow-winged, red-bellied insects are most active at midnights and mornings. Those bitten by them may develop symptoms such as fever, chills, sweats and fatigued within 10-15 days.

To protect yourself, apply mosquito repellent lotion and netting, wear long sleeve and long pants when outside at night, and get vaccinated.

Yours truly,  
the community editor



## Donasi Rasa, Berbagi Berkah

PEMBAGIAN HASIL DONASI

1-5 April 2024

250 paket makanan berbuka puasa untuk jamaah Masjid Jenderal Sudirman WTC dan masyarakat sekitar, yang diolah dari hasil donasi berupa beras, ayam, daging sapi, telur, ikan, makanan instan, sayur, buah-buahan, bumbu dan bahan masakan lainnya.



Terima kasih telah berpartisipasi dalam kegiatan Donasi Rasa, Berbagi Berkah 2024!