

INSIGHT

WTC COMMUNITY WEEKLY



Did you know?

The first Thanksgiving was celebrated in 1621 over a three day harvest festival. It included 50 Pilgrims, 90 Wampanoag Indians, and lasted three days. It is believed by historians that only five women were present.

Thanksgiving

Thanksgiving is coming up, and in normal years, that typically means feasts and large gatherings with friends and family. But due to the pandemic, the holiday is going to look a lot different this year.

Here are things you can do to mitigate the risk of spreading the coronavirus. While nothing is foolproof, layering several precautions will help make your Thanksgiving and other holiday gatherings safer:

- Limit your gathering to fewer than five people.
- Hold your gathering outside, or in a well-ventilated open space where people can spread out.
- Do not travel, or invite people who would have to travel to attend your gathering.
- Ensure that everyone wears masks while not eating.
- Plate food beforehand, or have everyone bring their own food, to minimize touching surfaces.
- Only invite people who are in your COVID "pod" and those you live with.
- Connect virtually with friends who may be immunocompromised, at risk of contracting COVID-19 or those who are showing any signs of sickness.

Consider the safety of those who are more vulnerable, particularly the elderly or those with conditions that put them more at risk of contracting COVID-19. Any interaction you have with others, does have some level of risk.

Yours truly,

the community editor