

INSIGHT

WTC COMMUNITY WEEKLY



National Nurse Day is celebrated on March 17 as per the establishment date of Indonesian National Nurses Association in 1974

To All the Nurses Out There

Thank you.

Thank you for working extra hard in times like these, thank you for putting other people first, thank you for holding the line and giving your all.

Often times we find ourselves in need of medical attention. While it's the doctors who write up the diagnosis, it's the nurses who make sure we're in constant care.

And as we celebrate National Nurse Day, we thought we'd share these unique facts about nurses:

- The first nursing school in the world was established by Florence Nightingale in 1860 London
- A 2006 MEDSURG Nursing study found a nurse walks an average of 4–5 miles during a 12-hour shift
- Johnson & Johnson's Discover Nursing site lists 104 areas of specialty in nursing
- A nurse cap was originally copied from the one worn by nuns to keep their hair tidy
- A 2011 survey found that 59% of nurses complained of low back pain as a result of sitting too long

Yours trully,
the community editor